

UNITED WAY GOALS AND MEASUREMENTS

HEALTH FOCUS

FOR APPLICATION MEASUREMENT REVIEW

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HEALTH

*Creating Healthy Behaviors and Strengthened Independence *measurement specific to goal area*

Goal 6: Low-Income Children and Families use proper nutrition

Following are measurement tools and the description of the reporting fields that would be unhidden if - you indicated this would be a measurement tool you would use to report on in your quarterly report. In each instance, the fields that are unhidden would be required be completed as part of your application and would require reporting as indicated under anticipated data availability.

Tip: The formula for percentage increase (or decrease) is

Take the final amount subtract the original amount multiplied by 100 divide by the original amount to get the percentage change

(Goal 6) Measurement Choice 1: Improved health as measured by lower percentage of diabetic clients

Application: **In the application**, you will be required to propose how you will reduce the number of clients who are diabetic

Outputs:

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who are classified as diabetic
- ___ anticipated # of participants who seek routine care for diabetes
- ___ anticipated # of participants seen by individual case managers or lifestyle coaches who help them follow behavioral self- management strategies to reduce their likelihood of diabetes
- ___ anticipated # of participants follow a structured curriculum that teaches behavioral self-management strategies for weight loss and physical activity
- ___ anticipated # of participants who attend supervised physical activity sessions
- ___ anticipated # of participants who receive an individualization toolbox of adherence strategies
- ___ anticipated # of participants served through an extensive network of training, feedback, and clinical support.
- ___ anticipated # of participants served who are at-risk for diabetes
- ___ anticipated # of participants who receive diabetes education

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants served who lose weight
- ___ anticipated %age of participants who adhere to strategies individually aligned to reduce likelihood of diabetes
- ___ anticipated %age of participants who change their risk classification for diabetes through routine medical care
- ___ anticipated %age change in diabetes diagnosis among at-risk participants

(Goal 6) Choice 2: Improved health as measured by the increase percentage of clients with healthy weight and/or BMI

Application: **In the application**, you will be required to propose how you will improve the healthy weight and BMI of program participants

Outputs:

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants follow a structured curriculum that teaches behavioral self-management strategies for weight loss and physical activity
- ___ anticipated # of participants who attend supervised physical activity sessions

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants served who lose weight
- ___ anticipated %age of participants who adhere to strategies individually aligned to improve their weight/BMI

(Goal 6) Choice 3: Improved routine use of proper nutrition

Application: **In the application**, you will be required to propose how you will improve the clients who receive routine proper nutrition.

Outputs:

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants improve the routine nutritional quality of the food they eat
- ___ anticipated # of participants who improve the regularity of the use of nutritional food
- ___ anticipated # of participants who are enrolled in nutritional subsidy programs

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants served who improve their routine nutrition
- ___ anticipated %age of participants who improve nutrition and improve their weight/BMI
- ___ anticipated %age change in the routine nutritional value of food consumed by participants

(Goal 6) Choice 4: Decreasing the postponement of bill payment for food purchases

Application: In the application, you will be required to propose how you will help participants maintain proper nutrition without sacrificing their financial stability.

Outputs:

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants improve the routine intake of nutritional food
- ___ anticipated # of participants who improve their budgeting and debt management
- ___ anticipated # of participants who improve their credit due to reduction in late pay or slow pay bill status
- ___ anticipated # of participants who enroll and utilize in nutritional subsidy programs

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants served who improve their routine nutrition
- ___ anticipated %age of participants who improve their credit status
- ___ anticipated %age change in participants' late or unpaid debts

(Goal 6) Choice 5: Decreasing the postponement of needed medication for food purchases

Application: In the application, you will be required to propose how you will help participants maintain proper nutrition without sacrificing their health by delaying the use of prescribed medication.

Outputs:

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants improve the routine intake of nutritional food
- ___ anticipated # of participants who improve their budgeting and debt management
- ___ anticipated # of participants who enroll and utilize nutritional subsidy programs
- ___ anticipated # of participants who improve their routine use of prescribed medication
- ___ anticipated # of participants who enroll and utilize prescription assistance program

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age improvement of participants served who improve their routine nutrition
- ___ anticipated %age of participants who enroll in prescription assistance program
- ___ anticipated average %age improvement in routine use of prescribed medication
- ___ anticipated %age of participants who enroll in nutritional subsidy programs

(Goal 6) Choice 6: Improved attendance to school or work

Application: **In the application**, you will be required propose how you will improve attendance to school or work among program participants.

Outputs

- ___ anticipated # of (students and/or employees) that will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of (students and/or employees) that will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of (students and/or employees) that will be measured in in Q3 (Jan 1- Mar 31)
- ___ anticipated # of (students and/or employees) that will be measured in Q4 (April 1- June 30)
- ___ anticipated # of (students and/or employees) that will be measured who improve attendance during funding cycle.
- ___ anticipated average reduction in # of days missed by (students and/or employees) during the funding cycle.
- ___ anticipated # of (students and/or employees) who improve their routine use of medical care to improve attendance.

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated positive %age change in (students and/or employees) absenteeism from Q1-Q4 (07/01-06/30)
- ___ anticipated %age decrease in absenteeism among (students and/or employees) (report quarterly)
- ___ anticipated %age improvement in use of routine medical care to improve health and absenteeism among (students and/or employees) measured (report quarterly)

HEALTH

*Creating Healthy Behaviors and Strengthened Independence *measurement specific to goal area*

Goal 7: Improve Community Health Outcomes.

Following are measurement tools and the description of the reporting fields that would be unhidden if - you indicated this would be a measurement tool you would use to report on in your quarterly report. In each instance, the fields that are unhidden would be required be completed as part of your application and would require reporting as indicated under anticipated data availability.

Tip: The formula for percentage increase (or decrease) is

Take the final amount subtract the original amount multiplied by 100 divide by the original amount to get the percentage change

(Goal 7) Measurement Choice 1: Positive change in BMI, weight, etc.

Application: In the application, you will be required to propose how you will improve the healthy weight and BMI of program participants

Outputs:

____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)

____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)

____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)

____ anticipated # of participants who will be measured in Q4 (April 1- June 30)

____ anticipated # of participants follow a structured curriculum that teaches behavioral self-management strategies for weight loss and/or physical activity

____ anticipated # of participants who attain a healthy weight during funding cycle

____ anticipated # of participants who improve their weight/BMI during the funding cycle

____ anticipated total # pounds lost by participants (report quarterly)

____ anticipated average # pounds lost by participants (report quarterly)

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

____ anticipated improvement (%age change) in weight of participants

____ anticipated improvement (%age change) in number of participants who adhere to strategies individually aligned to improve their weight/BMI

(Goal 7) Choice 2: Improved endurance as measured by the increase in the time the client is able to maintain aerobic activity; or, the distance executed in aerobic activity

Outputs

____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)

____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)

____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)

____ anticipated # of participants who will be measured in Q4 (April 1- June 30)

____ anticipated # of participants who attend supervised physical activity sessions

____ anticipated # of participants who attend supervised physical activity sessions and improve their endurance during the funding cycle.

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

____ anticipated improvement (%age change) in participant endurance as measured by those who can maintain a routine fitness regimen the equivalent of 30 minutes a day for a minimum of 3 days a week

(Goal 7) Choice 3: Improved personal well-being as demonstrated by increased participation in healthy social activities (**youth-** extracurricular activities, school events, volunteer activities **adults-**event attendance, time spent with social network, time spent volunteering, networking, etc.)

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve the frequency of their healthy social activities
- ___ anticipated # of hours participants volunteer (baseline in Q1 and then report quarterly)
- ___ anticipated # of hours participants spend attending events (baseline in Q1 and then report quarterly)
- ___ anticipated # of hours participants spend with social network (baseline in Q1 and then report quarterly)

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by increased volunteerism
- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by increased event attendance
- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by increased networking
- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by increased social activity

(Goal 7) Choice 4: Decrease in inappropriate outbursts

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who decrease the frequency of inappropriate outbursts
- ___ anticipated # of participants who improve school or work attendance due to reduction in outbursts (baseline in Q1 and then report quarterly)

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated reduction in # of outbursts per participant (average) (baseline in Q1 and then report quarterly)
- ___ anticipated reduction (%age change) in school detention/demerits/expulsions due to inappropriate outbursts (baseline in Q1 and then report quarterly)
- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by reduction in number of inappropriate outbursts

(Goal 7) Choice 5: Decrease in negative behaviors as measured by school suspensions; disciplinary actions; public citations/tickets; less need for monitoring visits

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)

- ____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ____ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ____ anticipated # of participants who decrease the frequency of school suspensions; disciplinary actions; public citations/tickets; need for monitoring visits
- ____ anticipated # of participants who improve school or work attendance due to reduction school suspensions; disciplinary actions; public citations/tickets; need for monitoring visits (baseline in Q1 and then report quarterly)

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ____ anticipated reduction in # of (school suspensions; disciplinary actions; public citations/tickets; need for monitoring visits) (baseline in Q1 and then report quarterly)
- ____ anticipated improvement (%age change) in participant personal well-being as demonstrated by improvement in school or work attendance.

(Goal 7) Choice 6: Improved mobility

Outputs

- ____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ____ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ____ anticipated # of participants who improve their mobility during funding cycle
- ____ anticipated # of participants who improve school or work attendance due to improved mobility during funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ____ anticipated reduction in # of absences from school/work due to improved mobility (baseline in Q1 and then report quarterly)
- ____ anticipated improvement (%age change) in participant mobility during funding cycle.

(Goal 7) Choice 7: Improved cognitive function

Outputs

- ____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ____ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ____ anticipated # of participants who improve their cognitive function during funding cycle
- ____ anticipated # of participants who improve school or work attendance due to improved cognitive function during funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ____ anticipated reduction in # of absences from school/work due to improved cognitive function (baseline in Q1 and then report quarterly)
- ____ anticipated improvement (%age change) in participant cognitive function during funding cycle.

(Goal 7) Choice 8: Improved routine use of proper nutrition

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve their nutrition during funding cycle
- ___ anticipated average increase the routine RDA of food consumed by participants during funding cycle
- ___ anticipated improvement in the frequency of consumption of proper nutrition (as measured by average # of days where participants consume at least 70% of the RDA of nutrition) during funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated increase in # of days each month that participants receive proper nutrition (baseline in Q1 and then report quarterly)
- ___ anticipated %age of participants who increase their intake of appropriate nutrition (baseline in Q1 and then report quarterly)
- ___ total of average increase in # of days participants consume proper nutrition.

(Goal 7) Choice 9: Increase in school or work attendance due to better health

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve their school attendance due to improved nutrition during funding cycle
- ___ anticipated # of participants who improve their work attendance due to improved nutrition during funding cycle
- ___ anticipated average reduction in the number of days absent due to improved nutrition during funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated reduction in # of absences from school due to improved nutrition (baseline in Q1 and then report quarterly)
- ___ anticipated reduction in # of absences from work due to improved nutrition (baseline in Q1 and then report quarterly)
- ___ anticipated %age of participants who reduce their absenteeism from school due to improved nutrition (baseline in Q1 and then report quarterly)
- ___ anticipated %age of participants who reduce their absenteeism from work due to improved nutrition (baseline in Q1 and then report quarterly)
- ___ total of additional days in school on average that can be attributed to better health derived from proper nutrition.
- ___ total of additional days in work on average that can be attributed to better health derived from proper nutrition.

(Goal 7) Choice 10: Increase in academic attainment due to better health

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve their academic attainment due to improved nutrition during funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of students who improve their academic success due to improved nutrition during funding cycle
- ___ anticipated %age improvement in grades as demonstrated through GPA, FSA or Report Cards of participants who improve their academic attainment due to improved nutrition.

(Goal 7) Choice 11: Increasing individual's routine source of care and preventative care visits

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve use of routine care and preventative care visits to improve health outcomes

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants who improve use of routine and preventative care visits to improve health outcomes
- ___ anticipated %age increase in number of visits to (routine care or preventative care physician) to improve health outcomes

(Goal 7) Choice 12: Decreasing the postponement of needed medical care

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who reduce their postponement of needed medical care due to your program

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants who visit a physician for care based on prescribed schedule (Q1 baseline and then quarterly report on change)

- ___ anticipated %age of participants who delay visits to a physician for care due to income restraints. (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay visits to a physician for care due to mobility restraints. (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay visits to a physician for care due to insurance restraints. (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who improve their access to care due to your program (Q1 baseline and then quarterly report on change)
- ___ anticipated %age in participant ability to access care due to your program's elimination of income restraints. (Q1 baseline and then quarterly report on change)
- ___ anticipated %age in participant ability to access care due to your program's elimination of mobility restraints. (Q1 baseline and then quarterly report on change)
- ___ anticipated %age in participant ability to access care due to your program's elimination of insurance restraints. (Q1 baseline and then quarterly report on change)

(Goal 7) Choice 13: Decreasing the postponement of needed medication as measured by routine utilization

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who reduce their postponement of needed medication and routinely utilize prescribed medication at dosage
- ___ anticipated # of participants who postpone needed medication due to income barriers.
- ___ anticipated # of participants who postpone needed medication due to insurance barriers.
- ___ anticipated # of participants who postpone needed medication due to education barriers.
- ___ anticipated # of participants who postpone needed medication due to access barriers.
- ___ anticipated # of participants who enroll in prescription assistance due to your program
- ___ anticipated # of participants who enroll in subsidy or insurance programs due to your program

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants who delay medication due to income barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to insurance barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to education barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to access barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with cost of prescription
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with insurance
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with access
- ___ anticipated %age of participants who improve their health due to routine use of prescribed medicine

(Goal 7) Choice 14: Completion of certified therapy program: must identify health change anticipated in advance as %age of change anticipated

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants improve their health as demonstrated (detail how health is improved)
- ___ anticipated # of participants who will complete the certified therapy during the funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of positive change in health through improved mobility of participants who complete certified therapy program (detail how health is improved)
- ___ anticipated %age of positive change in health through improved cognition of participants who complete certified therapy program (detail how health is improved)
- ___ anticipated %age of positive change in health through improved function skills of participants who complete certified therapy program (detail how health is improved)
- ___ anticipated %age of participants served who complete certified therapy during the funding cycle

(Goal 7) Choice 15: Employment Status and History: measure improvements in employment: how the employment has changed/improved as a result of change in health

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve or change their employment as demonstrated by stable employment with tenure lasting 6-12 months
- ___ anticipated # of participants who improve or change their employment as demonstrated by improved attendance at work
- ___ anticipated # of participants who improve or change their employment as demonstrated by improved productivity (detailed in comments)
- ___ anticipated # of participants who will improve their income due to employment changes derived from better health

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of positive change in work attendance among participants
- ___ anticipated %age of positive change in income due to better work stability and health
- ___ anticipated average \$ change in income due to better work stability and health

(Goal 7) Choice 16: Improved nutrition and health: as measured by lower percentage of diabetic clients

Application: In the application, you will be required to propose how you will reduce the number of clients who are diabetic

Outputs:

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who are classified as diabetic
- ___ anticipated # of participants who seek routine care for diabetes
- ___ anticipated # of participants seen by individual case managers or lifestyle coaches who help them follow behavioral self- management strategies to reduce their likelihood of diabetes
- ___ anticipated # of participants follow a structured curriculum that teaches behavioral self-management strategies for weight loss and physical activity
- ___ anticipated # of participants who attend supervised physical activity sessions
- ___ anticipated # of participants who receive an individualization toolbox of adherence strategies
- ___ anticipated # of participants served through an extensive network of training, feedback, and clinical support.
- ___ anticipated # of participants served who are at-risk for diabetes
- ___ anticipated # of participants who receive diabetes education

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants served who lose weight
- ___ anticipated %age of participants who adhere to strategies individually aligned to reduce likelihood of diabetes
- ___ anticipated %age of participants who change their risk classification for diabetes through routine medical care
- ___ anticipated %age change in diabetes diagnosis among at-risk participants

(Goal 7) Choice 17: Improved nutrition and health: as measured by the increase percentage of clients with healthy weight and/or BMI

Application: In the application, you will be required to propose how you will improve the healthy weight and BMI of program participants

Outputs:

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants follow a structured curriculum that teaches behavioral self-management strategies for weight loss and/or physical activity
- ___ anticipated # of participants who attain a healthy weight during funding cycle
- ___ anticipated # of participants who improve their weight/BMI during the funding cycle
- ___ anticipated total # pounds lost by participants (report quarterly)
- ___ anticipated average # pounds lost by participants (report quarterly)

Outcomes: ___ anticipated improvement (%age change) in weight of participants
___ anticipated improvement (%age change) in number of participants who adhere to strategies individually aligned to improve their weight/BMI

HEALTH

*Creating Healthy Behaviors and Strengthened Independence *measurement specific to goal area*

Goal 8: Improve Community Health through Prevention and Reduction of Tobacco, Substance, Mental/Physical abuse or Alcohol/substance abuse

Following are measurement tools and the description of the reporting fields that would be unhidden if - you indicated this would be a measurement tool you would use to report on in your quarterly report. In each instance, the fields that are unhidden would be required be completed as part of your application and would require reporting as indicated under anticipated data availability.

Tip: The formula for percentage increase (or decrease) is

Take the final amount subtract the original amount multiplied by 100 divide by the original amount to get the percentage change

(Goal 8) Measurement Choice 1: Decreased Use of Tobacco-Enrollment and completion of tobacco cessation programs AND discontinued or reduced tobacco use for a minimum 90 day period: must track clients for a minimum of a year as a percentage

Application: In the application, you will be required to propose how you will help participants decrease and discontinue tobacco use

Outputs:

___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)

___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)

___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)

___ anticipated # of participants who will be measured in Q4 (April 1- June 30)

___ anticipated # of participants who discontinue tobacco use for 90 days

___ anticipated # of participants who reduce tobacco use for 90 days

___ anticipated # of participants who discontinue tobacco use for six months

___ anticipated # of participants who reduce tobacco use for six months

___ anticipated # of participants who discontinue tobacco use for 1 year

___ anticipated # of participants who reduce tobacco use for 1 year

___ anticipated # of participants who successfully complete a tobacco cessation program

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

___ anticipated improvement (%age change) in tobacco use among participants

___ anticipated %age of participants who successfully complete tobacco cessation programs.

(Goal 8) Choice 2: Decreased Abuse of Alcohol or Illegal Substances-Successful completion of drug and/or alcohol intervention programs AND discontinued substance/alcohol abuse (maintained 30, 60, and 90 days of sobriety): must track clients for a minimum of a year

Application: In the application, you will be required to propose how you will help participants decrease abuse of alcohol or illegal substances.

Outputs:

___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)

___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)

___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)

___ anticipated # of participants who will be measured in Q4 (April 1- June 30)

___ anticipated # of participants who maintain sobriety for 90 days

___ anticipated # of participants who reduce alcohol/substance abuse for 90 days

___ anticipated # of participants who maintain sobriety for six months

___ anticipated # of participants who reduce alcohol/substance abuse for six months

- ___ anticipated # of participants who maintain sobriety for 1 year
- ___ anticipated # of participants who reduce alcohol/substance abuse for 1 year
- ___ anticipated # of participants who successfully complete a drug or alcohol intervention program
- ___ anticipated decrease in number of alcoholic drinks on a weekly basis
- ___ anticipated decrease in number of drugs abused on a weekly basis

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated improvement (%age change) in drug or alcohol abuse among participants
- ___ anticipated %age of participants who successfully complete alcohol or drug intervention programs
- ___ anticipated %age of participants who maintain sobriety for 90 days
- ___ anticipated %age of participants who maintain sobriety for 6 months
- ___ anticipated %age of participants who maintain sobriety for 1 year

(Goal 8) Choice 3: Improved utilization of routine therapy as measured by the number of sessions attended versus number recommended

Application: In the application, you will be required to propose how you will help participants improve their health through utilization of routine therapy that helps them improve their behaviors and reduce tobacco use, physical/mental abuse or abuse of alcohol or illegal substances.

Outputs:

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who reduce tobacco use through a supervised program and attendance to routine therapy.
- ___ anticipated # of participants who maintain sobriety through a supervised program and attendance to routine therapy.
- ___ anticipated # of participants who reduce alcohol/substance through a supervised program and attendance to routine therapy.
- ___ anticipated # of participants who reduce mental/physical abuse through a supervised program and attendance to routine therapy.
- ___ anticipated # of participants seen by individual case managers or lifestyle coaches who help them follow behavioral self- management strategies to reduce use and/or abuse of tobacco, alcohol and/or drugs.
- ___ anticipated # of participants that follow a structured curriculum that teaches behavioral self-management strategies for a **reduction in the use and/or abuse** of tobacco.
- ___ anticipated # of participants that follow a structured curriculum that teaches behavioral self-management strategies for a **reduction in the use and/or abuse** alcohol and/or drugs.
- ___ anticipated # of participants that follow a structured curriculum that teaches behavioral self-management strategies for a **reduction in** physical/mental health.
- ___ anticipated # of participants who attend the majority of the prescribed supervised therapy sessions
- ___ anticipated # of participants who attend all prescribed supervised therapy sessions
- ___ anticipated # of participants who receive an individualization toolbox of adherence strategies

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants served who maintain sobriety for 90 days
- ___ anticipated %age of participants served who maintain sobriety for 6 months
- ___ anticipated %age of participants served who maintain sobriety for 1 year
- ___ anticipated %age of participants who adhere to strategies individually aligned to reduce tobacco use and/or maintain sobriety)
- ___ anticipated # of participants who routinely attend and complete a certified therapy program that helps them change their behavior
- ___ anticipated decrease in number of tobacco uses on a weekly basis
- ___ anticipated decrease in number of alcoholic drinks on a weekly basis
- ___ anticipated decrease in number of drugs abused on a weekly basis
- ___ anticipated decrease in the incidents of physical/mental abuse within the family.

(Goal 8) Choice 4: Increasing individual's routine source of care and preventative care visits

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve use of routine care and preventative care visits to improve health outcomes

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants who improve use of routine and preventative care visits to improve health outcomes
- ___ anticipated %age increase in number of visits to (routine care or preventative care physician) to improve health outcomes

(Goal 8) Choice 5: Decreasing the postponement of needed medical care

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who reduce their postponement of needed medication and routinely utilize prescribed medication at dosage
- ___ anticipated # of participants who postpone needed medication due to income barriers
- ___ anticipated # of participants who postpone needed medication due to insurance barriers
- ___ anticipated # of participants who postpone needed medication due to education barriers
- ___ anticipated # of participants who postpone needed medication due to access barriers
- ___ anticipated # of participants who enroll in prescription assistance due to your program
- ___ anticipated # of participants who enroll in subsidy or insurance programs due to your program

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants who delay medication due to income barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to insurance barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to education barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to access barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with cost of prescription
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with insurance
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with access
- ___ anticipated %age of participants who improve their health due to routine use of prescribed medicine

(Goal 8) Choice 6: Completion of certified therapy program with full report on the change in specific behavior the therapy was to modify (must be identified in advance with anticipated percent of positive change identified as a result of therapy)

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants improve their health as demonstrated. (Narrative must detail how health is improved.)
- ___ anticipated # of participants who will complete the certified therapy during the funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of positive change in health of participants who complete certified therapy program. (Narrative must detail how health is improved.)
- ___ anticipated %age of participants served who complete certified therapy during the funding cycle

(Goal 8) Choice 7: Improved school attendance (youth); work attendance (adult)

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve their school attendance due to reduction in tobacco, alcohol, physical or mental abuse or drug abuse-during funding cycle

____ anticipated # of participants who improve their work attendance due to reduction in tobacco, alcohol, physical or mental abuse or drug abuse-during funding cycle

____ anticipated average reduction in the number of days absent due to derived from reduction in tobacco, alcohol, physical or mental abuse or drug abuse-during funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

____ anticipated reduction in # of absences from school due to reduction in tobacco, alcohol or drug abuse. (baseline in Q1 and then report quarterly)

____ anticipated reduction in # of absences from work due to reduction in tobacco, alcohol or drug abuse. (baseline in Q1 and then report quarterly)

____ anticipated %age of participants who reduce their absenteeism from school due to reduction in tobacco, alcohol, physical or mental abuse or drug abuse-during funding cycle (baseline in Q1 and then report quarterly)

____ anticipated %age of participants who reduce their absenteeism from work due to derived from reduction in tobacco, alcohol , physical or mental abuse or drug abuse-during funding cycle (baseline in Q1 and then report quarterly)

____ total of additional days in school on average that can be attributed to better health derived from reduction in tobacco, alcohol, physical or mental abuse or drug abuse-during funding cycle

____ total of additional days at work on average that can be attributed to better health derived from reduction in tobacco, alcohol , physical or mental abuse or drug abuse-during funding cycle

(Goal 8) Choice 8: Employment Status and History: measure improvements in employment: how the employment has changed/improved as a result of change in tobacco/alcohol/substance usage

Outputs

____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)

____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)

____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)

____ anticipated # of participants who will be measured in Q4 (April 1- June 30)

____ anticipated # of participants who improve or change their employment as demonstrated by stable employment with tenure lasting 6-12 months

____ anticipated # of participants who improve or change their employment as demonstrated by improved attendance at work

____ anticipated # of participants who improve or change their employment as demonstrated by improved productivity (detailed in comments)

____ anticipated # of participants who will improve their income due to employment changes derived from better health

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

____ anticipated %age of positive change in work attendance among participants

____ anticipated %age of positive change in income due to better work stability and health

____ anticipated average \$ change in income due to better work stability and health

(Goal 8) Choice 9: Decreased Physical or Mental Abuse -Successful completion of intervention programs
AND discontinued abuse: must track clients for a minimum of a year

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve their health behavior as demonstrated by decreased interactions with legal enforcement and hospital/healthcare visits associated with abuse.
- ___ anticipated average # of law enforcement and hospital/healthcare visits associated with abuse **quarterly**
- ___ anticipated # of participants who have zero interactions with law enforcement and hospital/healthcare visits associated with abuse

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age clients who complete certified counseling program
- ___ anticipated %age of clients who complete legal prosecution ending in jail time for offenders
- ___ anticipated success rate for successful prosecution of offenders
- ___ anticipated %age of positive change in attendance to prescribed counseling for abuse
- ___ anticipated %age of participants who complete all prescribed counseling visits
- ___ anticipated attendance %age for prescribed counseling or therapy visits

Goal 9: Increase the number of residents whose health enables them to maintain or improve their ability to remain independent

Following are measurement tools and the description of the reporting fields that would be unhidden if - you indicated this would be a measurement tool you would use to report on in your quarterly report. In each instance, the fields that are unhidden would be required be completed as part of your application and would require reporting as indicated under anticipated data availability.

(Goal 9) Measurement Choice 1: Improvement in mobility as measured on a 0-100% scale

Application: **In the application**, you will be required to propose how you will improve mobility as a measure on a scale of 0-100%

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve their mobility during funding cycle
- ___ anticipated # of participants who improve school or work attendance due to improved mobility during funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated reduction in # of absences from school/work due to improved mobility (baseline in Q1 and then report quarterly)
- ___ anticipated improvement (%age change) in participant mobility during funding cycle.

(Goal 9) Choice 2: Improvement in cognitive function as measured on a 0-100% scale that enables the participant to remain independent

Application: **In the application**, you will be required to propose how you will improve cognitive function that allows participants to remain independent.

Outputs

- _____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- _____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- _____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- _____ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- _____ anticipated # of participants who improve their cognitive function during funding cycle
- _____ anticipated # of participants who improve school or work attendance due to improved cognitive function during funding cycle
- _____ anticipated # of participants able to secure or maintain their independence due to improved cognitive function

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- _____ anticipated reduction in # of absences from school/work due to improved cognitive function (baseline in Q1 and then report quarterly)
- _____ anticipated %age of clients who are able to secure or maintain independence due to improved cognitive functions.
- _____ anticipated improvement (%age change) in participant cognitive function during funding cycle.

Choice 3: Improvement in specific functional ability or skill that contributes to independent living (what is to be tracked...must be identified in the program narrative.) **In the application**, you will be required to propose how you will improve specific ability or functional skill that contributes to independent living

Outputs

- _____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- _____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- _____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- _____ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- _____ anticipated # of participants who improve functional ability or skill that enables them to secure or maintain their independence. **Note:** skill or ability must be medically diagnosed and improvement/therapy must be case managed during funding cycle
- _____ anticipated # of participants who improve school or work attendance due to improved functional ability during funding cycle

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- _____ anticipated reduction in # of absences from school/work due to improved functional ability or skill that enables participant to secure or maintain their independence. **Note:** skill or ability must be medically diagnosed and improvement/therapy must be case managed during funding cycle. (baseline in Q1 and then report quarterly)
- _____ anticipated %age of clients who are able to secure or maintain independence due to improved functional ability or skill that enables them to secure or maintain independence. **Note:** skill or ability must be medically diagnosed and improvement/therapy must be case managed.
- _____ anticipated improvement (%age change) in participant's functional ability or skill that enables participant to secure or maintain their independence. **Note:** skill or ability must be medically diagnosed and improvement/therapy must be case managed during funding cycle.

(Goal 9) Choice 4: Increase in the number of residents who maintain stable housing for one year or longer

Application: **In the application**, you will be required to propose how you will improve stable housing for participants through their improved health that enables them to remain independent.

Outputs:

- ____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ____ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ____ anticipated # of participants that you will measure who have changed residences once or more within the last twelve months (baseline to be reported in Q1)
- ____ anticipated # of participants that you will measure who have received eviction or foreclosure notices within the last twelve months (baseline to be reported in Q1)
- ____ anticipated # of participants who maintain stable housing due to your program (stable as defined by meeting all housing obligations within the last 3 months).
- ____ anticipated # of participants who maintain stable housing due to your program (stable as defined by meeting all housing obligations within the last 6 months).
- ____ anticipated # of participants who maintain stable housing due to your program (stable as defined by meeting all housing obligations within the last 9 months).
- ____ anticipated # of participants who maintain stable housing due to your program (stable as defined by meeting all housing obligations within the last 12 months).
- ____ anticipated # of participants who will reduce housing debt to under 35% of monthly income due to your program (report quarterly)

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ____ anticipated %age of participants served by your program who are classified as rent burdened (meaning they spend more than 35% of their annual income on rent or mortgages)
- ____ anticipated %age of participants served who have received eviction or foreclosure notices within the last 12 months
- ____ anticipated %age of participants served who will reduce their housing debt to under 35% of income due to your program services
- ____ anticipated %age of participants served who will resolve their eviction or foreclosure issues due to your program services.

(Goal 9) Choice 5: Decreasing inpatient hospitalization or use of structured facility care

Application: **In the application**, you will be required to propose how you will improve participant's health to decrease inpatient hospitalization or use of a structured facility.

Outputs:

- ____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ____ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ____ anticipated # of participants that you will measure who are at risk of being institutionalized or requiring inpatient hospital care due to poor health. (baseline to be reported in Q1)
- ____ anticipated # of participants that you will measure who have been institutionalized or have required inpatient hospital care due to poor health in the last twelve months. (baseline to be reported in Q1)

_____ anticipated # of participants who maintain independence due to your program

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

_____ anticipated %age of participants served by your program who are at risk of being institutionalized or requiring inpatient hospital care due to poor health. (baseline to be reported in Q1)

_____ anticipated %age improvement of participants at risk being institutionalized or requiring inpatient hospital care due to poor health. (baseline to be reported in Q1)

_____ anticipated %age of participants served who improve their health and retain their independence due to your program.

(Goal 9) Choice 6: Increasing individual's routine source of care

Outputs

_____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)

_____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)

_____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)

_____ anticipated # of participants who will be measured in Q4 (April 1- June 30)

_____ anticipated # of participants who improve use of routine care and preventative care visits to improve health outcomes

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

_____ anticipated %age of participants who improve use of routine and preventative care visits to improve health outcomes

_____ anticipated %age increase in number of visits to (routine care or preventative care physician) to improve health outcomes

(Goal 9) Choice 7: Decreasing the postponement of needed medical care

Outputs

_____ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)

_____ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)

_____ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)

_____ anticipated # of participants who will be measured in Q4 (April 1- June 30)

_____ anticipated # of participants who reduce their postponement of needed medical care due to your program

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

_____ anticipated %age of participants who visit a physician for care based on prescribed schedule (Q1 baseline and then quarterly report on change)

_____ anticipated %age of participants who delay visits to a physician for care due to income restraints. (Q1 baseline and then quarterly report on change)

_____ anticipated %age of participants who delay visits to a physician for care due to mobility restraints. (Q1 baseline and then quarterly report on change)

_____ anticipated %age of participants who delay visits to a physician for care due to insurance restraints. (Q1 baseline and then quarterly report on change)

- ___ anticipated %age of participants who improve their access to care due to your program (Q1 baseline and then quarterly report on change)
- ___ anticipated %age in participant ability to access care due to your program's elimination of income restraints. (Q1 baseline and then quarterly report on change)
- ___ anticipated %age in participant ability to access care due to your program's elimination of mobility restraints. (Q1 baseline and then quarterly report on change)
- ___ anticipated %age in participant ability to access care due to your program's elimination of insurance restraints. (Q1 baseline and then quarterly report on change)

(Goal 9) Choice 8: Decreasing the postponement of needed medication as measured by routine utilization

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who reduce their postponement of needed medication and routinely utilize prescribed medication at dosage
- ___ anticipated # of participants who postpone needed medication due to income barriers.
- ___ anticipated # of participants who postpone needed medication due to insurance barriers.
- ___ anticipated # of participants who postpone needed medication due to education barriers.
- ___ anticipated # of participants who postpone needed medication due to access barriers.
- ___ anticipated # of participants who enroll in prescription assistance due to your program
- ___ anticipated # of participants who enroll in subsidy or insurance programs due to your program

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated %age of participants who delay medication due to income barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to insurance barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to education barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age of participants who delay medication due to access barriers (Q1 baseline and then quarterly report on change)
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with cost of prescription
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with insurance
- ___ anticipated %age improvement in routine use of medication due to your program's assistance with access
- ___ anticipated %age of participants who improve their health due to routine use of prescribed medicine

(Goal 9) Choice 9: Improved personal well-being as demonstrated by increased participation in healthy social activities (**youth**- extracurricular activities, school events, volunteer activities **adults**-event attendance, time spent with social network, time spent volunteering, networking, etc.)

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)

- ___ anticipated # of participants who improve the frequency of their healthy social activities
- ___ anticipated # of hours participants volunteer (baseline in Q1 and then report quarterly)
- ___ anticipated # of hours participants spend attending events (baseline in Q1 and then report quarterly)
- ___ anticipated # of hours participants spend with social network (baseline in Q1 and then report quarterly)

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on in Q1 of the funding cycle.

- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by increased volunteerism
- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by increased event attendance
- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by increased networking
- ___ anticipated improvement (%age change) in participant personal well-being as demonstrated by increased social activity

(Goal 9) Choice 10: Caregiver shows improved work attendance

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of caregivers who improve their work attendance due to the improved or stable health of the program participant
- ___ anticipated average reduction in the number of days absent due to improved or stable health of the program participant

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

- ___ anticipated numerical reduction in # of caregiver absences from work due to the improved or stable health of the program participant
- ___ anticipated %age of caregivers who reduce their absenteeism from work due to the improved or stable health of program participants (baseline in Q1 and then report quarterly)

(Goal 9) Choice 11: Youth improve school attendance adult improves work attendance

Outputs

- ___ anticipated # of participants who will be measured in Q1 (July 1- Sept 30)
- ___ anticipated # of participants who will be measured in Q2 (Oct 1- Dec 31)
- ___ anticipated # of participants who will be measured in Q3 (Jan 1- Mar 31)
- ___ anticipated # of participants who will be measured in Q4 (April 1- June 30)
- ___ anticipated # of participants who improve their (school or work) attendance due to better mobility during funding cycle. (report quarterly)
- ___ anticipated # of participants who improve their (school or work) attendance due to improved cognitive function during funding cycle. (report quarterly)
- ___ anticipated # of participants who improve their (school or work) attendance due to improved functional skill or ability during funding cycle (report quarterly)

Outcomes: For any outcome where you are proposing an ability to improve results, you will be required to show a baseline measurement of the population measured and reported on... in the first quarter of the funding cycle.

_____ anticipated average reduction in the number of days absent due to better mobility, improved cognitive function or improved functional skill or ability (report quarterly)

_____ anticipated %age of participants who reduce their absenteeism from (school or work) due to better mobility, improved cognitive function, or improved functional skill or ability (report quarterly)

_____ total of additional days (in school or at work) on average that can be attributed to better health derived from better mobility, improved cognitive function, or improved functional skill or ability. (report quarterly)