

Council on Aging of West Florida

United Way Funded Program:
Nutrition Program

Funding Amount: \$225,000
3-year grant

Description of Program Services: The Nutrition Program delivers nutritionally-balanced meals to homebound, functionally-impaired adults ages 60 and over who are unable to obtain or purchase meals, thereby enabling them to continue living independently in their own home. In addition to good nutrition, participants benefit from socialization with community volunteers, paid delivery drivers, and/or other aging adults. This contact can alleviate feelings of social isolation.

Impact Area: Health

Significant Statistics: According to the Florida Department of Elder Affairs 2015 Florida County Profiles, 23.2% of Escambia County's total population is over the age of 60.

<http://www.coawfla.org/>

